

KRAKOWIAK OD TOMASZOWIC (continued)

Part IV. Boxes.

- 1 Face to face with ptr, click R ft two times, moving directly to R. Bring R arm across in front of body and over hd.
- 2 Stamp R, L, R, doing one quarter turn CW. Bring both hds down in front of body.
- 3 Back to back with ptr, click L ft two times, moving directly to L. Bring L arm across in front of body and over hd.
- 4 Stamp L, R, L, doing one quarter turn CW. Bring both hds down, in front of body.
- 5-12 Repeat meas 1-4 twice.
- 13-14 Repeat meas 1-2.

Throughout Part IV, you should look at your ptr and keep free hd on hip.

BREAK: Two meas. Take 4 small steps, resuming original pose.

Part V.

Repeat Part I.

Part VI. Finale.

Repeat Part II, and finish with flourish.

Presented by Morley Leyton

ZBOJNICKI (Brigand's Dance)

(Zboy-nits¹-ky)

The Goralski men inhabiting the Tatra Mountain region of southern Poland have many exciting dances done with their ice axes.

Record: Z Gorami, Z Dolinami, Side 2, Bd 6. #BR 1000

Music: 2/4

Formation: M in circle facing RLOD, both hds holding axe high over head.

No introduction.

Part I.

- 1 Walk slowly in RLOD starting with R ft (ct 1), L ft (ct 2).
- 2-4 Repeat meas 1 three times.

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- 5-8 Repeat ftwork of meas 1-4, but extend axe high in twd ctr with R hd.
- 9-12 Return axe to over head and turn a small circle CW, same ftwork as in meas 1-4, end up facing ctr.

Part II.

- 1 Take three steps to R, turning CW:
Step R (ct 1).
Step L (ct &).
Step R (ct 2).
Bend R knee & bring axe down to R knee in a strong gesture (ct &).
- 2 Take three step to L, turning CCW, exactly reversing ftwork of meas 1. Turn with axe over head, and bring down on knee bend.
- 3 Facing ctr, Step R, axe up (ct 1).
Bend R knee, bring axe down to R knee (ct &).
Step L, axe up (ct 2).
Bend L knee, bring axe down to L knee (ct &).
- 4 Turning CW, take three running steps in place with axe over head, (ct 1, &, 2), bend R knee and bring axe down to R knee (ct &).
- 5-8 Repeat meas 1-4 starting to L with opp ftwork.
- 9-11 Repeat meas 1-3.
- 12 Repeat meas 4, but omit last step, i.e. . turn CW, take three running steps in place with axe overhead (cts 1, &, 2). Hold, axe over head, facing ctr (ct &). Last ct is held by musicians.

Part III. "Polka" Step.

There is a tempo change here and the counts become a little obscure, but a little practice overcomes this. The introduction to this part is a violin solo which accounts for the two meas missing from the first passage of the melody. During introduction, stand with axe over head.

- 1 Do Polish Polka step with exaggerated body twist and ft raised high.
Touch R ft in front of L, with heel fwd, no wt (ct 1).
Bounce & lift R ft to side (ct &).
Step on R ft, bring L heel fwd (ct 2).
Lift L ft off ground (ct &).
Hips move freely, but axe maintains same orientation.
- 2 Same as meas 1, but opp ft.
- 3-10 Repeat meas 1-2 four more times.

Part IV. Simple Squats.

- 1 Take axe in R hd. Do a squat step on both feet (ct 1).
Rise, lifting R leg and pass axe under R leg to L hd (ct 2).

ZBOJNICKI (Brigand's Dance) (continued)

- 2 Repeat meas 1, but with opp hd and ft
 3-12 Repeat meas 1-2 five more times.

Part V. Polka Step.

Repeat Part III but dance 12 Polish Polka Steps.

Part VI. Axe Toss.

- 1 Take axe in R hd. Do a squat step on both feet (ct 1).
 Rise, lifting R leg, and toss axe to M two places to your
 R (ct 2).
 2 Repeat meas 1 (ct 1), catching axe from M two places to
 your L, in L hd.
 Rise, lifting L leg, and pass axe from L hd to R hd (ct 2)

It is easier if you keep your eyes focused on the person tossing
 to you, and place your tosses from the corner of your eye. If
 any axes are dropped, it is best to leave them there until end
 of Part VI.

- 3-12 Repeat meas 1-2 five times.

- 3 chords At the end of meas 12 there is another tempo change as the
 orchestra catches short breath. Come to stand facing ctr with
 axe over head. (Here's your chance to recover dropped axes).

Part VII.

Repeat Part I.

Part VIII.

Repeat Part II.

Part IX "Polka" Step.

Repeat Part III.

Part X. Axe Toss

Repeat Part VI.

Part XI. "Polka" Step

Repeat Part III but dance 12 Polish Polka steps. On this step,
 all spread out from small circle in singles or pairs, preparing
 for fireworks in Finale.

Part XII. Finale.

Here, each M shows off with fancy variations.

ZBOJNICKI (Brigand's Dance) (continued)

Suggestions:

1. M pair off, face each other. Beforehand decide who is first and who is second.

First man:

- 1 Swing axe at ptr in a low wide arc with one hd, bending into opp knee (ct 1).
Straighten and in continuous circle, bring axe over head (ct 2).
- 2 Prepare to jump by bending both knees (ct 1)
Jump off of both ft, straight up, arching back and bringing ft up in back (ct &).
Land if possible on ct 1 of next meas.

Second man: Simply starts step with meas 2.

Repeat meas 1-2 six times, and pose at end.

2. Any number of squat variations.

- a. Hold axe and alternately lift R & L legs in time with music.
- b. Repeat Part IV.
- c. Put down axe and do coffee grinders, or lean back on the hds and alternately lift opp hds and ft.
- d. Hold axe down in both hds and jump over it with both ft (some can even jump back again).

3 chords. Finish in a pose, either kneeling or standing with axe over head.

NOTE: If preferred, after Part VI, simply repeat entire dance.

Presented by Morley Leyton